

CVS Zepbound Formulary Change FAQ for AT&T

CVS Caremark is removing Zepbound from their formulary, effective July 1st, 2025, which will affect your current medication coverage.

See below for answers to common questions and next steps.

I just learned that Zepbound is no longer on the CVS Caremark formulary. I am a Form Health patient and I am taking Zepbound, so what does this mean for me?

It is true that Zepbound is no longer on the CVS Caremark formulary, effective 7/1/2025. However, for AT&T employees who are patients at Form Health and established on Zepbound treatment, Form Health medical clinicians are authorized to continue prescribing the same medication, tirzepatide, switching to the brand name Mounjaro, as long as that is clinically appropriate for the patient. The goal is to use the same medication, approved under a different brand name, to avoid disruption to your treatment and to your health.

What are the differences between Zepbound and Mounjaro?

Zepbound and Mounjaro both contain the same active ingredient, tirzepatide. This is a GLP/GLP-1 receptor agonist. This mimics hormones naturally produced by the body that slow digestion and affect areas in the

brain that regulate appetite, and results in weight loss and health benefits. There are no differences between the two medications other than their brand names and their FDA-approval indications.

What will be involved in the transition from Zepbound to Mounjaro?

Since Zepbound and Mounjaro contain the same medication active ingredient, the transition is simple. Mounjaro is available in the same injection pen and in the same doses as Zepbound. Both are taken once a week. To transition, patients require a new prescription from their Form Health clinician. They will be able to fill their new prescription at their pharmacy, and then will inject Mounjaro on their regular injection day, one week after the last dose of Zepbound.

How will I know if my Form Health medical clinician thinks I can switch from Zepbound to Mounjaro?

Your Form Health medical clinician will review your medical and treatment history. If they think this is the best course of action for you, they will recommend a change from Zepbound to Mounjaro. They may recommend staying at your current dose, or, if you're in the process of increasing your dose, you'll move to the next dose up using Mounjaro instead.

Will I need to get a prior authorization if I am switching from Zepbound to Mounjaro?

As a preferred vendor through your employer's health plan, a prior authorization (PA) will not be required for new prescriptions from your Form Health medical clinician. Using Mounjaro is considered off-label for an individual without type 2 diabetes, but because of the recent formulary change, Form Health doctors are authorized to prescribe Mounjaro (tirzepatide) off-label to avoid disrupting progress in patients established on Zepbound treatment.

What can I expect for switching my prescription from Zepbound to Mounjaro?

If your Form Health medical clinician believes this is the best path forward for you, they will automatically update your prescription to Mounjaro. You will receive notification in the coming weeks, before or around July 1, to prevent any disruption in care. If you'd like to discuss other treatment options, or have questions not answered here, please schedule an appointment with your Form Health medical clinician at your convenience.

Can I get a 90-day supply before the July 1 cutoff?

Many pharmacy plans do not allow 90-day supplies for these medications. Please check with CVS to confirm if this is possible for you, and notify your Form Health team for support changing your prescription.

Will I need to pay more for my medication now?

If you are currently taking tirzepatide as Zepbound and transition to Mounjaro, it is possible that the cost of your medication would increase. The cost you pay for medications is based on several factors. If you had been using manufacturer coupons to lower the cost, switching brand names can affect this. Form Health cannot provide information on medication costs for you, as we do not manage your pharmacy plan, and they determine your out-of-pocket costs. We recommend that you contact CVS Caremark's customer care or visit [caremark.com](https://www.caremark.com) for their prescription cost tool for any questions about costs through these transitions.

Can Zepbound be covered for other conditions like sleep apnea rather than weight loss?

CVS has removed Zepbound from their formulary altogether, regardless of the condition. Because Mounjaro is the same active ingredient medication,

it would be expected to have the same effects for both weight and other medical conditions, including obstructive sleep apnea.

Are there other alternative medications that I can switch to instead of Mounjaro?

Switching to Mounjaro, which contains the same active ingredient as Zepbound (tirzepatide), allows you to continue tirzepatide treatment without disruption. If you wish to consider and discuss different options, your Form Health clinical team is here to support you. CVS Caremark has other GLP1-type medications on their formulary. Lilly Direct has a pharmacy for a cash-pay option for Zepbound. And there are other FDA-approved treatments that can be considered. If you'd like to discuss alternatives, or have questions not answered here, please schedule an appointment with your Form Health medical clinician.



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