

DECEMBER 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 CC 6PM EST/5PM CST/3PM PST	3 FC 7PM EST/6PM CST/4PM PST	4	5	6	7
8	9	10 FC 7PM EST/6PM CST/4PM PST	11 DS 7PM EST/6PM CST 4PM PST	12	13	14
15	16	17 FC 7PM EST/6PM CST/4PM PST	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

KEY

CC (Cooking Class):
Holiday Brunch

FC Series: Form
Connection Support Group
Series

DS: Healthy Living with
Diabetes Series

Click Link to Join a Class:
<http://bit.ly/formgroups>

