

JUNE

2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 FC 8 PM ET 5 PM PT	2 FC 7 PM ET 4 PM PT	3	4 FC 7 PM ET 4 PM PT	5	6
7	8 FC 8 PM ET 5 PM PT	9 FC 7 PM ET 4 PM PT	10 CC 7 PM ET 4 PM PT	11 FC 7 PM ET 4 PM PT	12	13
14	15 FC 8 PM ET 5 PM PT	16 FC 7 PM ET 4 PM PT	17	18 FC 7 PM ET 4 PM PT	19 Juneteenth	20
21 Father's Day	22 FC 8 PM ET 5 PM PT	23 FC 7 PM ET 4 PM PT	24	25 FC 7 PM ET 4 PM PT	26	27
28	29	30				

Key ■ Cooking Class (CC): "Healthy Takeout" ■ Form Connections (FC): Wellness Support Groups



Click [HERE](#) to register for monthly classes