



THE MED SPA THAT
COMES TO YOU.

IV Therapy After Care Instructions & Tips



Here's What to Do

- **Monitor the IV Site:** After your IV has been removed, keep an eye on the insertion site for any signs of infection, such as redness, swelling, warmth, or pain. Bruising is normal and will resolve with time.
- **Keep Site Clean and Dry:** Initially, keep the site covered with a clean, dry gauze or bandage for at least 30 minutes, or as recommended by your provider. You should avoid getting the site wet in the bath or shower for the first few hours.
- **Avoid Strenuous Activities:** Avoid strenuous activities or heavy lifting with the affected arm for at least a few hours after the IV removal to minimize the risk of bleeding or bruising.

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